

PUBLIC SPEAKER
BRENDEN M. DILLEY

AUTHOR, ASSET MANAGER, PERSONAL TRAINER AND SINGLE FATHER



*“If you believe in nothing else,
believe in YOU and your abilities.”*

BRENDEN DILLEY

An insightful and entertaining speaker, Brenden Dilley captivates audiences with his humorous, heartfelt and often unfiltered anecdotes, artfully connecting the dots between real-world experiences and his sometimes complex or controversial ideas.

He exposes his pain and speaks of the adversity he's overcome in a way that is thought-provoking and reassures his audience of a light at the end of the tunnel. Brenden's vulnerability and fearless approach enables him to tackle many difficult topics with ease, connecting with his audience on an authentic level that they'll remember long after he exits the stage.

Brenden's refreshing perspective and his focus on practical solutions allows audiences to walk away optimistic and armed with the tools to immediately begin implementing his insights in their own lives.

STILL BREATHIN'

Brenden Dilley's aggressive new book, “Still Breathin': The Wisdom and Teachings of a Perfectly Flawed Man,” is captivating audiences the world over and taking the genre of Self-Help to another level.

Much of what Brenden writes, speaks about, teaches and trains on revolves around passionate and purposeful living, parenting, dating, relationships, self-empowerment, business success, fitness and authenticity. His intensity, integrity, directness and self-deprecating humor allow audiences and readers to relate to him on a very raw and authentic level.

